



January 2012 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Waffles w/ Syrup Milk	Cheese Omelettes w/ Toast Milk	Pancakes w/ Syrup Milk	Scrambled Eggs & Cheese w/ Toast Milk	French Toast Milk
<u>Entree & Vegetable</u>					<u>Sandwiches</u>
Week 1 (1/02 — 1/06)	Closed	Macaroni & Cheese w/ Mixed Vegetables	Fish Sticks w/ Rice	Pizza w/ Green Beans	Turkey w/ Yogurt
Week 2 (1/09 — 1/13)	Alfredo Pasta w/ Mixed Vegetables	Shepherd's Pie	Ravioli w/Mixed Vegetables	Hot Dogs w/ Tater Tots	Grilled Cheese w/ Fruit Bar
Week 3 (1/16 — 1/20)	Chicken Nuggets w/ Corn	Cheese Quesadilla w/ Rice	Fish Sticks w/ Rice	Macaroni & Cheese w/ Mixed Vegetables	Turkey w/ Yogurt
Week 4 (1/23 — 1/27)	Corn Dogs w/ Carrots	Rice with Pinto Bean	Italian Ziti w/ Green Beans	Chicken Nuggets w/ Corn	Grilled Cheese w/ Fruit Bar
<u>Lunch Dessert & Beverage</u>	Pears Milk	Peaches Milk	Applesauce Milk	Pineapple Tidbits Milk	Mixed Fruit Milk
<u>Snacks</u>					
Weeks 1 & 3 AM Weeks 2 & 4 PM (AM snack is served with juice)	Graham Crackers	Cheese & Crackers	Animal Crackers	Cheerios	Pretzels (Ritz Crackers for tod- dlers)
Weeks 2 & 4 AM Weeks 1 & 3 PM (PM snack is served with water)	Gold Fish	Vanilla Wafers	Cheez-It Crackers	Chocolate Chip Cookies (Gold Fish for toddlers)	Corn Bread